



**Dear Union Elementary Families,**

The Paulding County School District is excited to announce a new partnership with **Daybreak**, a trusted provider of student mental-health support. Through this partnership, all PCSD students will have access to **free teletherapy services** beginning **December 15, 2025, through June 30, 2026**. This opportunity is made possible through the **Mental Health Grant** awarded by the Georgia State Legislature. Because of this funding, families will **not** be charged for any Daybreak services provided during this period.

Daybreak's licensed mental-health professionals specialize in working with children and adolescents, offering support in areas such as stress, anxiety, depression, social pressures, and overall emotional well-being. Teletherapy sessions will take place virtually, making it easier for students to access support in a confidential, flexible, and convenient format.

**Submit a Care Request to Daybreak Here:** [Daybreak Health](#)

---

#### **Important Reminders**

- **Teletherapy is an option**, not a requirement.
- Daybreak Services are **free** for all Paulding County students during the dates listed above.
- **Parental consent is required** for students under 18.
- Teletherapy **does not replace emergency services**. If your child is experiencing a crisis, please call 911 or the Georgia Crisis Line (988).
- Daybreak sessions are **confidential** and follow all state and federal privacy laws.
- Information on **how to register**, complete consent forms, and schedule appointments will be sent through school communication channels and posted on the district website.

---

We are grateful for the opportunity to offer this valuable support to our students and families. Our partnerships with these counseling agencies reflect our continued commitment to ensuring that every student has access to the resources they need to thrive—academically, socially, and emotionally.

If you have questions, please contact our school counselor, Rachael Tate, at [rtate@paulding.k12.ga.us](mailto:rtate@paulding.k12.ga.us) or 770-443-4191.

**Sincerely,**  
Blake Keown  
Principal